

TRIVANDRUM ARTHROSCOPY COURSE



ISAKOS
APPROVED COURSE

Pre conference workshop

LIMITED SEATS ONLY

2 Master
Classes

7 LIVE
Surgeries

12 AVT's



AL ARIF HOSPITAL
TRIVANDRUM



INSTITUTE OF ORTHOPAEDICS
TRAUMA, SPINE & SPORTS MEDICINE

MENISCUS & CARTILAGE

Save the Duo... Save the Joint



FEBRUARY 18th



LEELA HOTEL, KOVALAM

Greetings from ***ARTHROLEARN***

Dear friends,

After the successful completion of 6 hands - on knee arthroscopy workshop using our wet knee model arthro knee, we at Arthrolearn are extremely delighted to invite you for TRIVANDRUM ARTHROSCOPY COURSE to be held on 18th feb, 2024 @ leela hotel, kovalam. There will be 7 live surgeries for meniscus and cartilage with detailed preop planning and discussion and live demonstration of surgical techniques.

We have invited faculties across the globe who are pioneers in the field of meniscus and cartilage. We request you all to be part of this 'academic feast'. Looking forward to meet you at kovalam.



Dr. SHAMMAS B.M
(Course Chairman)

KOVALAM



Know Your Faculty

INTERNATIONAL FACULTY



Dr. Bashir Ahmed Zikria
Aspetar Qatar
Johns Hopkins University, USA



Dr. David Barastegui
Cugat institute Barcelona,
Spain



Dr. Khalid Alkhelaifi
Aspetar Doha,
Qatar



Dr. Rahul Shivadey
Aster DM Clinics,
Dubai

NATIONAL FACULTY



Dr. Chirag Thonse



Dr. Fayaz Memon



Dr. Harish Chandran



Dr. John Thayyil John



Dr. Raju Eashwaran



Dr. Schiller Jose



Dr. Shreyash Gajjar



Dr. S. R. Sudararajan



Dr. Sujit Jos

Many more Faculty expected

HIGHLIGHTS...

1. Pre conference workshop on February 17 Using Artificial wet knee model ARTHROKNEE @TURTLE ON THE BEACH

(Number of Seats restricted to 15)

Learning agenda

Triangulation using Arthroscopy Box

Diagnostic Arthroscopy

Meniscal repair

ACL reconstruction

OATS

2. Seven live surgeries

- Medial meniscal posterior horn tear
(Surgeon - Dr. Rahul Shivadey)
- Root tear
(Surgeon - Dr. Fayaz Memon)
- Radial tear
(Surgeon - Dr. John T. John)
- Discoid lateral meniscus
(Surgeon - Dr. S.R. Sundarajan)
- Bucket handle tear
(Surgeon - Dr. Shreyash Gajjar)
- OATS
(Surgeon - Dr. Chirag Thonse)
- MACI
(Surgeon - Dr. David Barastegui)

3. Two Master classes

4. 12 new Arthroscopic techniques from the giants in Arthroscopy



Programme schedule

Feb 18 2024

MORNING SESSION- MENISCUS

7.30 am	Live surgery Case 1 Complex posterior horn to body tear medial meniscus repair with ham string harvesting using posteromedial incision	Dr. Rahul Shivadey (Moderators)
9.00 am	Live surgery 2 Root tear lateral meniscus with ACL tear	Dr. Fayaz Memon (Moderators)
10.00 am	Master class1 - How to avoid technical failures in ACL reconstruction 1. How to get my femoral tunnel right 2. How to get my tibial tunnel right 3. Is my graft lax 4. Is my graft selection and size important 5. WHAT IF I MISS A MENISCAL TEAR/ other lig injuries during ACL reconstruction 6. Should I look for coronal and sagittal malalignment 7. Is LET/ ALL NECESSARY IN ALL CASES 8. How should i deal a Cartilage lesion during ACL reconstruction	
11.00 am	Live surgery 3 Lateral meniscus radial tear repair, ACL reconstruction	Dr. John T. John (Moderators)
12.00 pm	Live surgery 4 Discoid lateral meniscus tear	Dr. S.R.Sundarajan (Moderators)
1.00 pm	Inaugural session and lunch and interaction with the international and national faculties.	

**All live surgeries are conducted at AL ARIF Hospital & IOTS
and live streamed to Leela hotel Kovalam**

Programme Schedule

2.00 pm	Live surgery 5 Bucket handle tear medial meniscus with ACL reconstruction with quads harvesting	Dr. Shreyesh Gajjar (Moderators)
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CARTILAGE SESSION

3.00 pm	Master class2 Osteotomies and cartilage procedures in joint preservation <ol style="list-style-type: none">1. HTO2. DFO3. DOUBLE LEVEL OSTEOTOMY4. MACI WHERE ARE WE NOW5. MINCED CARTILAGE PROCEDURE(ACI+PRGF)6. ALGORITHM FOR CARTILAGE REPAIR	
4.00 pm	Live surgery 6 Osteochondritis dessicans OATs	Dr. Chirag Thonse (Moderators)
5.00 pm	Live surgery 7 Maci	Dr. David Barastegui (Moderators)
6.00 pm	Valedictory function	

**All live surgeries are conducted at AL ARIF Hospital & IOTS
and live streamed to Leela hotel Kovalam**

Master Classes



How to avoid technical failures in ACL reconstruction

1. How to get my femoral tunnel right : *Dr. Raju Eashwaran*
2. How to get my tibial tunnel right : *Dr. Sujith jose*
3. Is my graft lax : *Dr. Fayaz Memon*
4. Is my graft selection and size important : *Dr. David Barastegui*
5. WHAT IF I MISS A MENISCAL TEAR/
other lig injuries during ACL reconstruction : *Prof. Bashir Zikria*
6. Should I look for coronal and
sagittal malalignment : *Dr. Sujith jos*
7. Is LET/ ALL NECESSARY IN ALL CASES : *Dr. Khalid Alkhilaifi*
8. How should i deal a Cartilage lesion during
ACL reconstruction : *Dr. Rahul Shivadey*



Osteotomies and cartilage procedures in joint preservation

1. HTO : *Dr. Harish Chandran*
2. DFO : *Dr. S.R. Sundarajan*
3. DOUBLE LEVEL OSTEOTOMY : *Dr. Shreyesh Gajjar*
4. MACI WHERE ARE WE NOW : *Dr. Shammass B.M.*
5. MINCED CARTILAGE PROCEDURE(ACI+PRGF) : *Dr. David Barastegui*
6. ALGORITHM FOR CARTILAGE REPAIR : *Prof. Bashir Zikria*

*All live surgeries are conducted at AL ARIF Hospital & IOTS
and live streamed to Leela hotel Kovalam*

NON RESIDENTIAL PACKAGES

Consultants - orthopaedics/ Radiologist	:	₹ 8000
Residents.	:	₹ 6500
Physiotherapist	:	₹ 5000

RESIDENTIAL PACKAGES

THE LEELA PALACE, KOVALAM

1Night & 2 Days

Single	:	₹ 28,000 +GST
Twin Sharing	:	₹ 18,000 +GST

2 nights & 3days

Single	:	₹ 49,000 +GST
Twin Sharing	:	₹ 23,500 +GST

TURTLE ON THE BEACH , KOVALAM

1Night & 2 Days

Single	:	₹ 17,300 +GST
Twin Sharing	:	₹ 12,200 +GST

2 nights & 3days

Single	:	₹ 26,600 +GST
Twin Sharing	:	₹ 16,800 +GST

Registration For The Pre-Conference Work Shop Is Only Through The Website www.arthrolearn.com . Fee For Work Shop Is ₹15000/-

Name: M S ARTHROLEARN
Pay Directly to: arthrol@indianbnk



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